

Thomas R. Insel, MD, Joins Owl Insights as Clinical Advisor

Mental health expert and former Google scientist brings experience in using technology to improve mental health care access

PORTLAND, Ore. ([PRWEB](#)) January 30, 2020 -- [Owl Insights](#), the leading provider of precision care management technology for behavioral health, announced the appointment of Thomas R. Insel, MD, former director of the National Institute of Mental Health and Google Verily leader, as a clinical advisor effective immediately.

“Dr. Insel’s guidance on government policy and academic research unites with our mission to support personalized care with evidence-based measures for mental health disorders. We are currently in a behavioral health crisis and technology is improving access and better equipping providers to deliver more effective treatment,” said Eric Meier, chief executive officer, Owl Insights. “Dr. Insel is an outstanding addition to the team, and we are delighted to be working together to ensure that our platform, The Owl, can assist in advancing patient care.”

Insel joins Owl Insights as a neuroscientist and psychiatrist with over 40 years of experience in clinical research and is most well-known for his studies of complex social behaviors relative to parental care and personal attachment. For 10 years, Insel directed the National Institute of Mental Health (NIMH), focusing on mental disorders. Prior to NIMH, Insel was the Founding Director of the Center for Behavioral Neuroscience at Emory University in Atlanta, Georgia. After resigning as Director at NIMH in 2015, Insel joined the Life Science Division at Verily (formerly Google X) until May 2017. Following Verily, Insel co-founded Mindstrong Health, a start-up developing digital assessments of mental health. Insel has won numerous national and international awards and is a member of the National Academy of Medicine.

“I am thrilled to be a part of the Owl Insights team as we seek to positively enhance the experience between mental health care professionals and patients,” said Insel. “The work that Owl Insights is doing to personalize and promote measurement-based care that brings actionable data to the treatment of depression, anxiety, ADHD and substance abuse is important to making progress in our field.”

About Owl Insights

Owl Insights, Inc., is the leading provider of precision care management technology for behavioral health (BH). Through its advanced platform, affectionately termed “The Owl”, the company offers a scalable strategy to integrate measurement-based care and clinical analytics into existing BH treatment workflows covering all major behavioral health conditions. Owl Insights supports health systems and independent BH organizations nationwide to expand access, improve quality care delivery, better manage costs and support the preparation for value-based care. For more information on Owl Insights Precision Care Management Platform visit www.owlinsights.com.



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